



Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon
School of Interdisciplinary Studies



Department of Yoga Science

Admissions Open

Academic Courses

● M. A. Yogashastra

As Per (NEP-2020) (2 years)

● Diploma in Yoga Teacher

(1 years)

● Certificate Course in Massage Therapy (3 Months)

(Short Term Courses according to UGC guidelines)

Skill based Short Term Courses



Pre Natal- Post Natal Yoga Garbhasanskar Teachers Training Course (30 hours)



Obesity Prevention & Disorders Relief Teacher Training Course (60 hours)



- Expert faculty to guide the Class
- Well equipped yoga hall
- Massage Unit
- Scholarships are available to eligible students
- Central Library
- Departmental Library
- Hostel facility
- Adoption Scheme
- Hostel facility especially for tribal boys and girls

Contact:

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Department of Yoga Science

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