

Certificate Course

in

“Nutrition & Dietetics”

Commencing from tentatively in April 2019

Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon in association with Skills Factory Learning Pvt. Ltd., Pune is planning to start a Certificate course on “Nutrition & Dietetics” at School of Life Sciences in April, 2019.

The course shall be conducted on every Saturday/Sunday of the month from 11.00 to 4.00 pm. All those who have registered online for the course have to submit the fees of about Rs. 13,000/- to the university through the School of Life Sciences.

Those who wish to register for the said course should submit their willingness online using the following link.

[Click here to submit your willingness online](#)

For More Details please contact Prof. Bhushan L. Chaudhari, 9823452539
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“Nutrition & Dietetics”

“Certificate Course in Nutrition and Dietetics” focuses on basics of nutrition and how to use food for the treatment of different lifestyle diseases and the biggest malady of modern age; obesity. There is an abundance of information on nutrition and health available on internet, books, newspapers, magazines, but not elaborative and applicative to all. Learning about Nutrition and Dietetics from a trusted source of information has helped many of the professionals to excel and develop his/her career.

Course objective is to provide deep knowledge of different foods; nutrients and bioactive compounds present in them; their relationship with different diseases, and how to use it for those who need it. Interested persons need to be interested in diet, nutrition and general health and does not require prior knowledge of or experience in any health-related studies.

- **Who can be benefited from the course?**

- Individuals who want to start their own practice
- Individuals looking for full time / part time career as dietician or nutritionist at health resorts, wellness centers, obesity clinics, hospitals, corporate houses, sport centers
- Individuals who want to be media writers specifically for dietetics and nutrition.

- **Key areas of this Course**

- Logical understanding of the principles and concepts associated with nutrition and dietetics.
- Learn to collect, organize and assess data relating to the health and nutritional status of individuals, groups and populations.
- Understand advanced clinical nutrition; the basis of nutritional status assessment, biochemical basis of nutrition, nutrition related disorders, and the role of nutrition in therapeutic diet.
- Diet planning according to health concerns.

- **Course Structure**

Part-I Introduction of Nutrition: study of nutrients, its sources, eating, behaviors, eating disorders

Part-II Anatomy: Introduction to basic cell structure, functions and basic anatomy of systems of the body.

Part-III Nutrition: Nutrition in healthy individuals according to their age

Part-IV Dietetics: Diets in Various Disorders, types of Diets, dietetics Management in hospitals, introduction to Indian dietetic Association and Computer applications in field of Nutrition and Dietetics.

- **Features of this course**

- ✓ Certified by Research Institute of health Sciences and Management, Pune
- ✓ Instructor led online and classroom training for uninterrupted learning environment
- ✓ Excellent course content including course books, DVD
- ✓ Offline learning through interactive training videos for hassle-free, self-paced learning.
- ✓ Full support to students through email and off-line chats
- ✓ Lots of practice for menu planning
- ✓ Mock counseling session